

January						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Grilled Cheese	Taco Bake	Chicken Thighs	Roast Beef	Pork Roast	Spaghetti	Chicken Strips
Left Overs	Mac N Cheese	Potato Soup	Canneloni	Stew	Beef Soup	Left Overs
Pancakes	Pizza	Pork Chops	BBQ Chicken Thighs	Pizza Buns	Sheppards Pie	Left Overs
Left Overs	Beef Dips	Hamburgers	Boston Brutes	Stew	Hot Dogs & Beans	Left Overs
Spaghetti	Meat Loaf	KD Hamburger Helper				